

- Atodir daflen o appiau i chwi ddefnyddio gyda'r plant.
- Dyma gyswllt i arweiniad wythnos yma gan Hwb ar 'ddysgu o bell':
- <https://hwb.gov.wales/dysgu-o-bell>
- <https://twit360.com/cy/dysgu-o-bell-i-ysgolion-cynradd/>
- <https://sites.google.com/hwbcymru.net/gwe-adnoddauresources/dewislen-menu>
- Attached is a list of useful apps to use with children.
- This document has lots of resources links and some are being made available free over the coming months:
- https://docs.google.com/spreadsheets/d/1NUKLZN7hGSu1Hzm70kfzBKs-IsSELaEMggS60Bi2O2I/htmlview?usp=sharing&sle=true&pru=AAABcPZwQKw*oooNFtdX9sn68t_QfpcWHg
- Also available free for a period:
- <https://2simple.com/blog/using-purple-mash-when-school-closed/>

Beth am amserlennu eich diwrnod ? Why not plan your day ?

COVID-19 DAILY SCHEDULE

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Before 9:00am	Wake up	Eat breakfast, make your bed, get dressed, put PJ's in laundry
9:00-10:00	Morning walk	Family walk with the dog Yoga if it's raining
10:00-11:00	Academic time	NO ELECTRONICS Sudoku books, flash cards, study guide, Journal
11:00-12:00	Creative time	Legos, magnetiles, drawing, crafting, play music, cook or bake, etc
12:00	Lunch	
12:30PM	Chore time	A- wipe all kitchen table and chairs. B - wipe all door handles, light switches, and desk tops. C - Wipe both bathrooms - sinks and toilets
1:00-2:30	Quiet time	Reading, puzzles, nap
2:30-4:00	Academic time	ELECTRONICS OK Ipad games, Prodigy, Educational show
4:00-5:00	Afternoon fresh air	Bikes, Walk the dog, play outside
5:00-6:00	Dinner	
6:00-8:00	Free TV time	Kid showers x3
8:00	Bedtime	All kids
9:00PM	Bedtime	All kids who follow the daily schedule & don't fight